



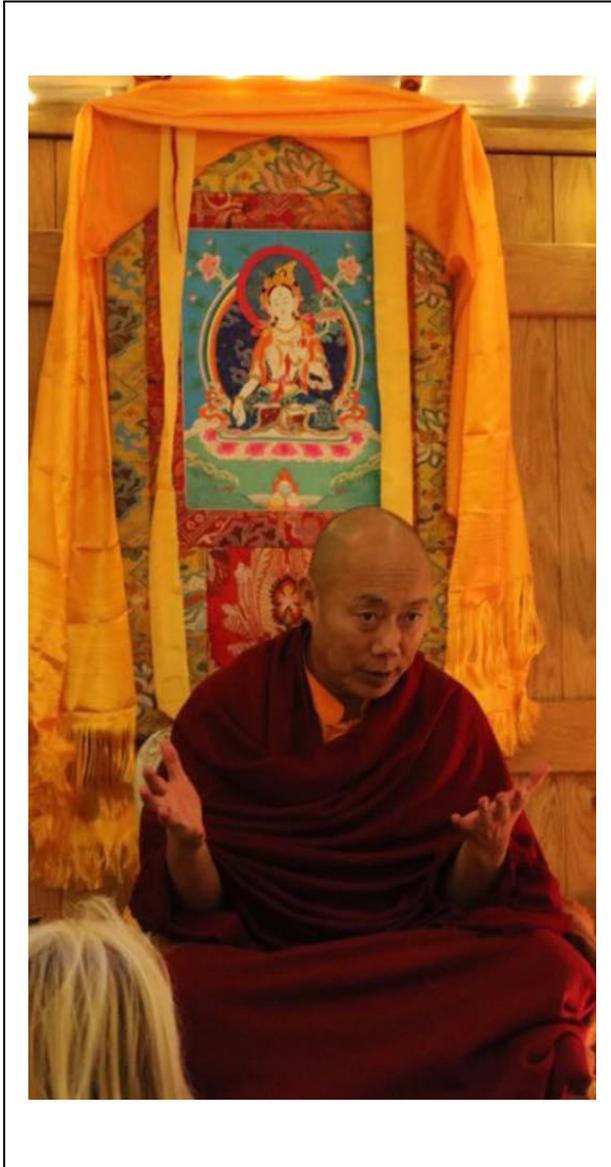
Tibet Support Group York

www.tibetsupportgroupyork.org

www.rewalsarproject.org

NOVEMBER 2017 NEWSLETTER

Autumn teachings with Lama Lhakpa Yeshe



We were very fortunate to spend two days with Lama Lhakpa Yeshe at the beginning of November in the beautiful setting of Anam Cara Holistic Centre, ten miles outside York. Lama's clarity, insight and warmth made the teachings very special and each person who came contributed in their own way to a remarkable weekend.

Fortunately we have been able to arrange three dates for Lama to return to York next year. Here are the dates for you. Please note the retreat previously arranged for April has been rescheduled to November.

May 19th-20th - Anam Cara Holistic Centre,

August 8th - York

November 2nd-4th - Beamsley Project, near Bolton Abbey, Wharfedale.

Our Next Events

December

Christmas Meal

**6.30pm on Wednesday 13th December
at the Yak and Yeti**

63a, Goodramgate, York YO1 7LS

Do come and join us for a Christmas meal at this delightful restaurant which serves wonderful Nepali and Tibetan food.

**Please do let Rowena know if you want to come
to make sure we book a large enough table!**

Email rfield151@yahoo.co.uk tel. 01904 656504 and 07552472491

TSGY Christmas stall at Dee's Home

Our Christmas stall will be at Dee's house,
5, Howard Link, Rawcliffe, York YO30 5UU
from Monday 11th December to Wednesday 20th December.

Please contact Dee to arrange to visit;

Tel (01904) 621568 Text: 07761 762 967 or

email: deeboyle.york@gn.apc.org

January

Tibet in the 1920's

through the eyes of the Mount Everest expeditions

by Christopher Norton

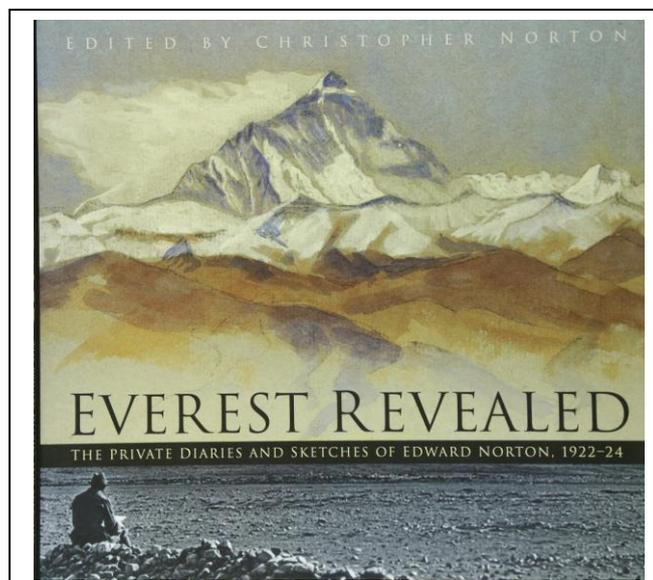
7pm Wednesday 24th January

at the Friends Meeting House, Friargate, York YO1 9RL

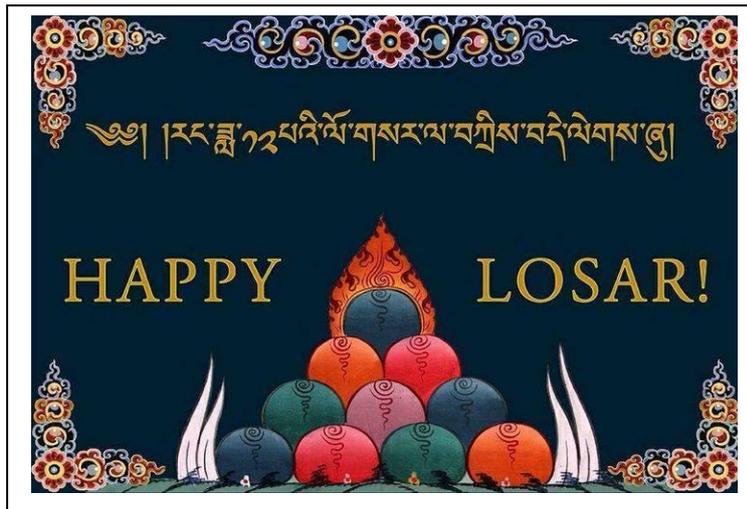
Suggested donation £5/£3 concessions

The pioneering Everest expeditions of 1921, 1922 and 1924 are remembered for their heroic attempts on the mountain, culminating in the loss of Mallory and Irvine. But they were much more than mountaineering expeditions. The approaches to Everest were completely unknown territory to Europeans at the time and the expeditions included surveyors, geologists, naturalists, photographers and artists who brought back a wealth of new information about the country and its people. The talk will explore and illustrate some of the written accounts, photographs and paintings which give a memorable picture of the lost world of pre-1950 Tibet.

Christopher Norton is the grandson of Edward Norton who led the expedition to Everest in 1924 and himself climbed to record heights on the mountain in both 1922 and 1924. Christopher has recently published his grandfather's Everest diaries and sketchbooks entitled 'Everest Revealed' as well as a new edition of the 1924 expedition book.



February



Tibet Support Group York has been warmly invited by the Tibetan Community in the North UK to join in their celebrations in Leeds for Losar - the Tibetan New Year - on **Saturday 17th February** from **12 noon to 10 pm**. This will be a wonderful event and will include Tibetan music, dancing and food.

The venue will be in Leeds at The Express Suite of Far Moss Sports Ground in Moss Valley, Alwoodley, LEEDS, LS17 7NT.

Tickets cost £10 and will be on sale in January - more details in our next Newsletter.

Tree Planting weekend

23rd - 25th February

Near Hebden Bridge, West Yorkshire

Cost £25 accommodation and food included for those staying overnight

We've teamed up with Treesresponsibility - a group which has organised tree planting for almost 20 years - to offer this weekend event. You can find out more on their website: <http://www.treesresponsibility.com>

There are grave concerns for the environment in Tibet which have impacts not only within Tibet itself but globally too. Although we may be restricted in how we can influence things in Tibet we can act locally to help the environment and have an enjoyable time away together too.



We're really pleased that this will be a joint event with Tibetan Community in the North UK. Accommodation is in a hostel that can accommodate 30 people so there's plenty of space and you'd also be very welcome just to come just for a day if that suits you better. Even so it's very helpful to know numbers so if you would like to come please let Rowena know (Email rfield151@yahoo.co.uk tel. 01904 656504 and 07552472491) and say if you'd need accommodation.

Jamyang Buddhist Group York

For those interested in exploring more about Tibetan Buddhism this group meets every Tuesday evening from 6.30 - 8.00 at the Friends Meeting House, Friargate, York YO1 9RL. There is very much a focus on what Buddhism means in daily life.

Everyone is welcome whatever their experience.

A suggested donation of £5 to cover room hire and speaker costs is very much appreciated.

The last meeting of this year will be on Tuesday 12th December and the group will meet again on 9th January.

TSGY contact details:

c/o 151, Huntington Road, York YO31 9BP

Tel: 01904 656504

Email: rfield151@yahoo.co.uk

Website: www.tibetsupportgroupyork.org

Facebook: www.facebook.com/TibetSupportGroupYork/

With our warm wishes for Christmas and the New Year

Dee and Rowena