



Tibet Support Group York

www.tibetsupportgroupyork.org

NOVEMBER 2018 NEWSLETTER

Our Next Events

November

Steiner Advent Fair

Saturday 24th November

10am – 4pm Fulford Cross, York, YO10 4PB

This is one of our main fundraising events in the year. Our well stocked stall offers a chance to buy a wide range of handicrafts and other goods purchased from Tibet or from Tibetan refugees living in India.

All proceeds from our stall support Tibetan refugee projects in India.

Help on the stall would be much appreciated - please contact Rowena (details at end of Newsletter) if you can help for even just an hour or two - thanks!



TSGY Christmas stall at Dee's Home

Our Christmas stall will also be at Dee's house, 5, Howard Link, Rawcliffe, York YO30 5UU from Monday 3rd December to Saturday 15thth December.

Please contact Dee to arrange to visit; Tel (01904) 621568 Text: 07761 762 967 or email: deeboyle.york@gn.apc.org

December

Christmas Meal

6.30pm on Tuesday 11th December
at Everest Gurkha Nepalese Restaurant
7, Fossgate, York YO1 9TA

We are joining with Jamyang Buddhist Group York for a Christmas meal at this delightful restaurant which serves wonderful Nepali and Tibetan food.

**Please let Rowena know if you want to come
to make sure we book a large enough table!**

Email rfield151@yahoo.co.uk tel. 01904 656504 and 07552472491

January

In conjunction with Jamyang Buddhist Group York a film showing of

Mystic Tibet

Tuesday 8th January

7pm - 9pm

Friends Meeting House, Friargate, York YO1 9RL
suggested donation £5/£3



Follow fifty pilgrims as they travel to the roof of the world for the spiritual adventure of a lifetime! Guided by renowned Tibetan master Lama Zopa Rinpoche, this was no common tourist trek, but a rare and powerful experience in which the invisible world of great yogis and saints was magically revealed.

This intense journey takes the viewer directly into the culture of Tibet and its arresting, spiritually rich landscape in a way that is not often seen. It explores the deep inner meaning of pilgrimage, which purifies the mind and creates the good heart.

Jamyang Buddhist Group York



For those interested in exploring more about Tibetan Buddhism this group meets every Tuesday evening from 6.30pm - 8.30pm at the Friends Meeting House, Friargate, York YO1 9RL There is very much a focus on what Buddhism means in daily life.

Everyone is welcome whatever their experience.

A suggested donation of £5 to cover room hire and speaker costs is very much appreciated.

The last meeting of this year will be on Tuesday 4th December and the group will meet again on Tuesday 15th January 2019.

TSGY contact details:

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Website: www.tibetsupportgroupyork.org

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With our warm wishes for Christmas and the New Year

Dee and Rowena