



## *Tibet Support Group York*

[www.tibetsupportgroupyork.org](http://www.tibetsupportgroupyork.org)

[www.rewalsarproject.org](http://www.rewalsarproject.org)

### MAY 2018 NEWSLETTER

Here's an update on all our events planned so far from now until November!

#### **YORK STEINER SCHOOL SPRING FAIR**

**Saturday 12th May**

**11am - 4pm**

**Fulford Cross, York YO10 4PB**

As usual we will have our stall selling a wide range of Tibetan handicrafts and goods at this popular and fascinating fair, some of which have recently arrived from Nepal and India. If you fancy some ethical shopping for a very good cause do pop in to see us!

#### **SPRING TEACHINGS WITH LAMA LHAKPA YESHE**

**Saturday 19<sup>th</sup> - Sunday 20<sup>th</sup> May**

**The Tibetan Buddhist approach to Death and Dying**

This event is now fully booked but fortunately Lama will be returning to give teachings twice more this year. See details later on in the Newsletter

# AN AFTERNOON WITH TIBETAN MASTIFFS *EBO, YANG AND ZEUS*

SATURDAY 9TH JUNE

2-30pm - 4-00pm

St Olave's Church Hall, Marygate Lane, York YO30 7BJ

Suggested donation £5/£3



*Yang*

Do come and meet these remarkable Tibetan dogs and the wonderful couple, Cindy and Jeremy who run Tibetan Mastiff Rescue UK.

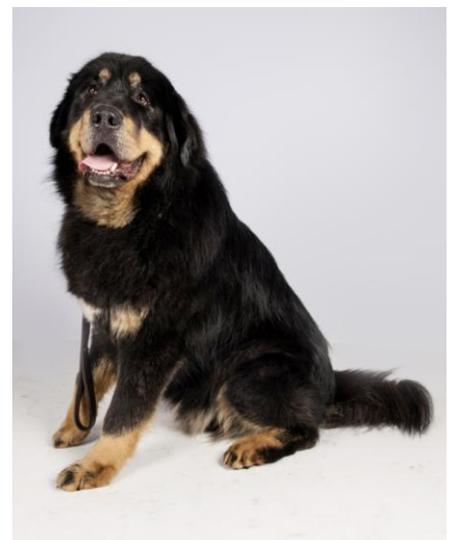
They will talk about this fascinating ancient breed, about the work of their organisation and will introduce us to Ebo, Yang and Zeus who now help many people in their work as therapy dogs. You can find out more from their website

<http://tibetanmastiffrescue.co.uk>

We are so fortunate they are coming to York!



*Ebo*



*Zeus*



**Summer picnic and Meditation for Tibet  
Harewood House  
Saturday July 7<sup>th</sup>**

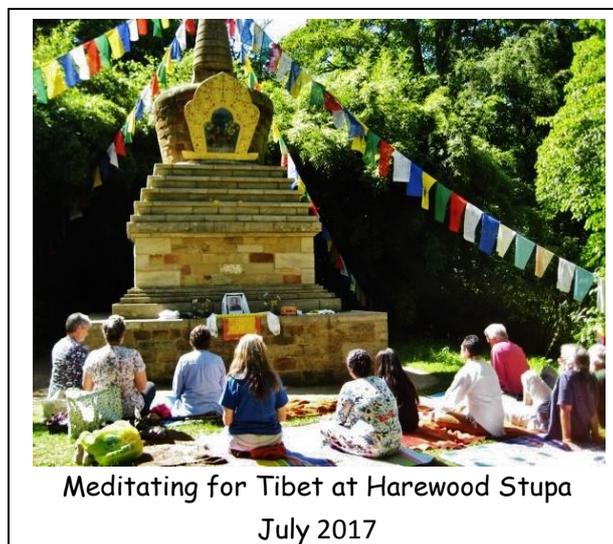
Picnic lunch 1pm - please bring food to share  
Meditation near Stupa in Himalayan Garden 3pm

( for more information about Harewood see [www.harewood.org](http://www.harewood.org) )

The meditation is part of a national event organised through Tibet Relief Fund.  
[www.tibetrelieffund.co.uk/meditatefortibet](http://www.tibetrelieffund.co.uk/meditatefortibet)

The date is particularly chosen as being close to His Holiness the Dalai Lama's birthday on 6<sup>th</sup> July. We went to Harewood House last year for this event and had such a delightful picnic and inspiring place for the meditation that we wanted to do it all over again!

Please contact Rowena tel 01904 656504 mobile 07552472491 or by email - [rfield151@yahoo.co.uk](mailto:rfield151@yahoo.co.uk) if you would like to come and either need or could offer transport. If it's easier for you to make your own way to Harewood please do and we can all meet up there.



Meditating for Tibet at Harewood Stupa  
July 2017

# TASHI LHUNPO MONKS



Monks from Tashi Lhunpo monastery in Southern India are touring the UK this year sharing their unique Tibetan culture and special monastic tradition through their remarkable performances which include chanting and cham dances. For more information see their website: <http://www.tashi-lhunpo.org.uk/>  
Fortunately they come close to us twice;

**21<sup>st</sup> - 26<sup>th</sup> July Harewood House, Leeds LS17 9LG**

**15<sup>th</sup> September Square Chapel Arts Centre, Halifax**

Timings and more details are generally yet to be confirmed and will be included in the next Newsletter. Hopefully, we can arrange to do car shares for anyone who'd like to go to either venue.

## **ONE DAY TEACHING WITH LAMA LHAKPA YESHE IN YORK**

Wednesday 8<sup>th</sup> August  
5, Howard Link, Rawcliffe, York YO30 5UU  
Times, topic and cost to be confirmed.

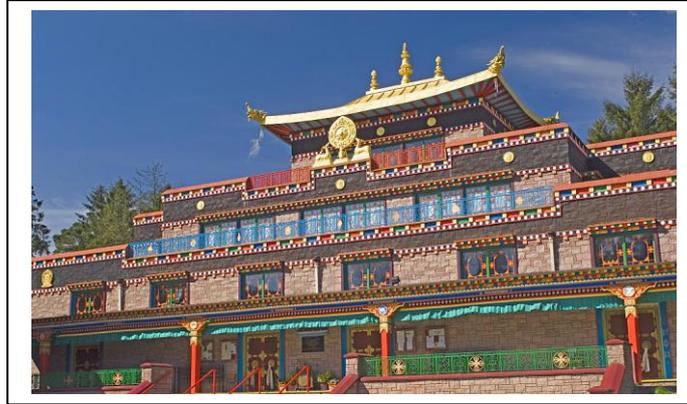
Please bring vegetarian/vegan food to share for lunch

Places are limited. Please contact Dee to reserve a place  
on **07761 762967** or **01904 621568** or email [deeboyle@gn.apc.org](mailto:deeboyle@gn.apc.org)

*(Some of you may be interested in a talk on Tuesday 7<sup>th</sup> August to be given by Rachel Maskell MP on Faith and Civic Responsibility, which Lama will be attending. The talk is at 7-30pm in York City Council West Offices, Station Rise, York YO1 6GA).*

# VISIT TO SAMYE LING MONASTERY

22<sup>nd</sup> - 24<sup>th</sup> September



Situated in southern Scotland, Samye Ling was the first Tibetan Buddhist Centre to be established in the West just over 50 years ago. Over that time, it has grown steadily to become a much respected centre for Buddhist teaching and a beautiful place to visit. As a visitor at Samye Ling you can join in the daily routine of the monastery including prayers and meditation in the Temple and you can wander round the grounds as you wish. There is also a delightful Tibetan Tea Room in the grounds and also a very well stocked gift shop.

**If you would like to join us can you please book accommodation yourself directly with Samye Ling [www.samyeling.org/visiting](http://www.samyeling.org/visiting)**

If you do book, please let Rowena know (contact details at the bottom of this page) so that we can try to arrange car shares; and let me know if you would be interested in joining a group tour of Samye Ling which costs £6 per person.

## **RESIDENTIAL RETREAT WITH LAMA LHAKPA YESHE**

Friday 2nd - Sunday 4th November  
at Beamsley Project, near Bolton Abbey, BD23 6JA  
More details to follow!

*Many thanks as always for your interest and support  
Dee and Rowena*

### **TSGY contact details:**

c/o 151, Huntington Road, York YO31 9BP  
Tel: 01904 656504 Email: [rfield151@yahoo.co.uk](mailto:rfield151@yahoo.co.uk)